No.124 October 2023

Welcome to our October 2023 Newsletter



Email: mail@deafconnexions.org.uk

Text: 07932 069352

Fax: 01603 660889

OPEN DOOR At Deaf Centre

If you need help making health appointments, booking Interpreters, or help with letters remember our Open Door.

Please see MAZ

Tuesdays 10.30am to 1.30pm

Thursdays 10.00am to 12.00pm (Mary B assisting)

Please come put you names down on the list and wait to be called.

No.124 October 2023

The Deaf Centre Opening times

Closed on a Monday - but -

Open Tuesday 10.00am to 3.00pm

Open Wednesday 10.00am to 3.00pm

Open Thursday 10.00am to 3.00pm

Open Friday 10.00am to 1.00pm

TUESDAY



Tuesday Group - Deaf Centre Norwich - 10am - 3pm.

Open Door - Deaf Centre Norwich - 10.30am - 1.30pm.

BINGO!!!



No.124 October 2023

WEDNESDAY



Art Workshops Deaf Centre Norwich 11am to 2pm

look at Deaf Connexions Norwich Deaf Centre facebook page for more info. https://www.facebook.com/deaf.centre.



Also - BSL Craft Club

For more information about more sessions see Notice Board at Deaf Centre or visit website.

https://www.facebook.com/deaf.centre

Sign Zone every Wednesday 6.30pm-8.30pm

At Norwich Deaf Centre. BSL students can come along to practice their skills and learn new vocabulary. Meet other students in a friendly relaxed and informal atmosphere and it is also FREE!!!!!

No.124 October 2023

THURSDAYS



BSL Coffee Morning -

Every Thursday 10.00am to 12.00pm at Deaf Centre- Anyone is welcome.



Sensory Support Clinic

Every last Thursday in the month -Sensory Support will be at the Norwich Deaf Centre 10am - 2pm.

They are here to offer support and advice for Deaf and Hard of Hearing.

You don't need an appointment just drop in.

No.124 October 2023

Healthy Walk Group



Thursday August 24th Healthy Walk group went to Waterloo Park Norwich.

Next healthy walk will be announced on the notice board at Norwich Deaf Centre or on deafconnexions Norwich Deaf centre facebook page. www.facebook.com/deafconnexions-norwich.deaf



No.124 October 2023

WHATS ON AROUND NORWICH OCTOBER

- Adult Social Services Norfolk is holding a workshop at -Dereham Deaf Social Club - Toftwood Social Club in Dereham.
- Wednesday 25 October and starts at 11am and finishes at 1pm.
- We need 5 more Deaf People to be involved.
- The invite for the workshop is attached to this and a BSL video has more details too. There will be BSL Interpreters there. Free refreshments too.
- If you'd like to come to the workshop, please fill in this form and let us know if you'll be bringing someone to support you.

Please click on this to attend the workshop - https://docs.google.com/.../1FAIpQLSd5wnIj4kQV1e.../viewform

 Video clip on Deaf Connexions-Norwich Deaf Centre Facebook pages

No.124 October 2023

Check out the following websites for activities:

Theatres

- The Puppet Theatre Norwich
 https://puppettheatre.co.uk/ lots of activities for children
- Norwich Theatre Royal
 https://norwichtheatre.org/whats-on
 - this includes

 Norwich Playhouse and Stage Two.
- The Garage https://www.thegarage.org.uk/

<u>Cinemas' - check out subtitled film times</u>

- Cinema City <u>www.picturehouses.com</u>
- Vue <u>www.myvue.com/cinema/norwich/whats-on</u>
- Odeon Riverside www.odeon.co.uk/cinemas/norwich/

School half term Activities

Check out this website for ideas....

https://www.visitnorwich.co.uk/article/how-to-spend-the-october-half-term-2023

From Halloween Trails to Troll!!!!