

Welcome to our November 2023

Newsletter



Deaf Connexions office -

Email: mail@deafconnexions.org.uk

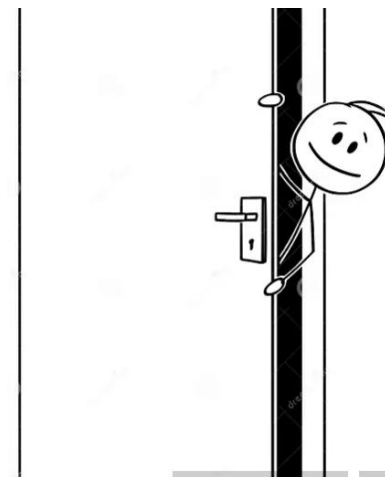
Text: 07932 069352

Fax: 01603 660889

Norwich Deaf Community News Extra

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OPEN DOOR At Deaf Centre

If you need help making health appointments, booking Interpreters, or help with letters remember our Open Door.

Please see MAZ

Tuesdays 10.30am to 1.30pm

Thursdays 10.00am to 12.00pm (Mary B assisting)

Please come put you names down on the list and wait to be called.

The Deaf Centre Opening times

Closed on a Monday - but -

Open Tuesday 10.00am to 3.00pm

Open Wednesday 10.00am to 3.00pm

Open Thursday 10.00am to 3.00pm

Open Friday 10.00am to 1.00pm

TUESDAY

I ♥ Tuesday Group

Tuesday Group - Deaf Centre Norwich - 10am - 3pm.

Open Door - Deaf Centre Norwich - 10.30am - 1.30pm.

BINGO!!!



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WEDNESDAY

Art Workshops Deaf Centre Norwich 11am to 2pm

Look at Deaf Connexions Norwich Deaf Centre facebook page for more info. <https://www.facebook.com/deaf.centre>.



Also - BSL Craft Club



For more information about more sessions see Notice Board at Deaf Centre or visit website .

<https://www.facebook.com/deaf.centre>

Sign Zone every Wednesday 6.30pm-8.30pm

At Norwich Deaf Centre. BSL students can come along to practice their skills and learn new vocabulary. Meet other students in a friendly relaxed and informal atmosphere and it is also FREE!!!!

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THURSDAYS



BSL Coffee Morning -

Every Thursday 10.00am to 12.00pm at Deaf Centre- Anyone is welcome.



Sensory Support Clinic

Every last Thursday in the month -Sensory Support will be at the Norwich Deaf Centre 10am - 2pm.

They are here to offer support and advice for Deaf and Hard of Hearing.

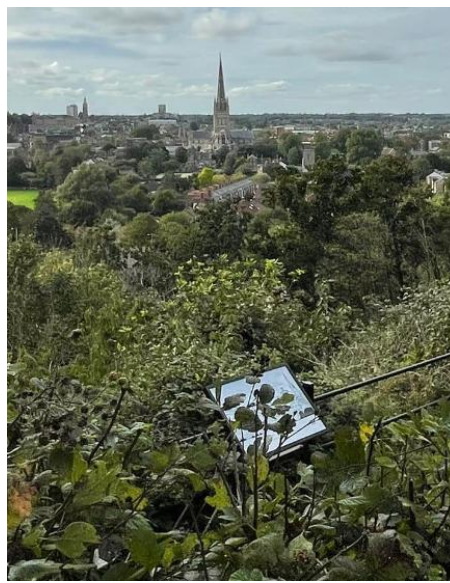
You don't need an appointment just drop in.

Healthy Walk Group



Thursday November 16th and November 30th Healthy Walk

Healthy walk destinations will be announced on the notice board at Norwich Deaf Centre or on deafconnexions Norwich Deaf centre facebook page. www.facebook.com/deafconnexions-norwich-deaf



WHATS ON AROUND NORWICH NOVEMBER

deafconnexions

Cuddly Cavies Guinea-pigs



Thursday 23rd November 2023
1pm

Come along and see the Cuddly Cavies
Guinea-pigs here at the deaf centre.

Have cuddles, stroke them, brush them
and feed them snacks.

Cost FREE

Only 10 spaces available

Check out the following websites for activities:

Theatres

- **The Puppet Theatre Norwich**
<https://puppettheatre.co.uk/> lots of activities for children -
- **Norwich Theatre Royal**
<https://norwichtheatre.org/whats-on> - this includes Norwich Playhouse and Stage Two.

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- 'Noises Off' - Captioned Performance Thursday Nov 9th 7.30pm.

Signed performance Friday Nov 10th 7.30pm.

'The King and I' - Signed performance Thursday 16th Nov 7.30pm.

Panto 'Sleeping Beauty' - Signed and Captioned performance Wednesday 27th Dec 5pm - book now if you want to get tickets!!

-The Garage <https://www.thegarage.org.uk/>

Cinemas' - check out subtitled film times

- Cinema City - www.picturehouses.com

- Vue -

www.myvue.com/cinema/norwich/whats-on

- Odeon Riverside -

www.odeon.co.uk/cinemas/norwich/